

# ALLERGENS: COVERED DINING **A LIFE IN FOUR SEASONS**

All products are made and stored in an environment that contains peanuts and other nut products. Many of our dishes that contain allergens can be offered with replacement products. Gluten free bread rolls will be available on the day. If you have any questions, please contact us at [openairtheatre.com/contact](http://openairtheatre.com/contact)

All information correct at January 2026. Items and ingredients are subject to availability and may change. Changes will be published locally at the theatre and, where possible, in advance on our website. Please check for any changes with a member of staff prior to consumption.

Dish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide/ Sulphites
Freshly baked bread and butter <b>V</b>	Allergens TBC													
Compressed melon, whipped ricotta and prosciutto, finished with a pistachio dressing <b>GF</b>							X			X				X

**V** Vegetarian   **Vg** Vegan   **GF** Gluten Free

<b>Dish</b>	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame Seed</b>	<b>Soya</b>	<b>Sulphur Dioxide/ Sulphites</b>
Seared beef loin, creamed polenta, cima de rapa, rocket, cannellini beans, parmesan							X							X
<b>Chicken Milanese</b> Breaded chicken fillet, spaghetti tossed in a rich tomato sauce finished with balsamic vinegar and rocket		X												X
<b>Vegetable bruschetta</b> Sourdough toast, herbed mascarpone, seared I.O.W tomatoes, cima de rapa, asparagus, cannellini beans, rocket, aged parmesan V		X					X							X
<b>Seasonal green vegetables</b> V														

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<b>Skin on fries and aioli</b> V				X										X
<b>Rocket, parmesan and summer tomato salad</b> V							X							X
<b>Panna Cotta</b> finished with black cherry and pistachio GF							X			X				
<b>Tiramisu</b> classic italian dessert of sponge and espresso V		X					X							X

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